

## Curriculum Vitae

**ROSITA BORLIMI**

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**ADDRESS:** Department of Psychology, Sigmund Freud University – Milan – Wien  
Via Ripa di Porta Ticinese, 77, 20143, Milano  
E-mail: [r.borlimi@milano-sfu.it](mailto:r.borlimi@milano-sfu.it)

Department of Psychology, University of Bologna, Viale Berti Pichat, 5  
40125 Bologna, Italy. Phone: +39 348 7643361  
E-mail: [rosita.borlimi@unibo.it](mailto:rosita.borlimi@unibo.it)

### PERSONAL INFORMATION:

Nationality	Italian
Date of Birth	14-05-1966
Mother tongue	Italian
Other Language(s)	English: fluent (written and oral);

### EDUCATION:

2016-2019	Ph.D in Clinical Psychology, Department of Psychology, Bircham International University Dissertation (April 2019): The role of interoception in eating disorder
2005	Admission to the List of Psychotherapists.
2001-2005	School of Specialization in Health Psychology (PsyD). Dissertation (November 2005): Embodied Mind and Identity recognition (summa cum Laude).
2001	Admission at the List of Psychologists (N°. 2943).
1995-2000	B.S. and M.A. in Experimental Psychology, University of Bologna, Department of Psychology. Dissertation: Body perception in eating disorders (grade 107/110).

### GRANTS AND SCHOLARSHIPS

2008-2009	1-year National Research Grant for the cooperation project: “Are financial choices driven by emotional responses?” provided by PRIN 2007- MIUR.
2005-2010	5-year scholarship provided by Regione Emilia Romagna.

2008-2010 Research grant from the Faculty of Psychology, University of Bologna for a project on “Attività e servizi di valutazione della funzionalità emotiva e cognitiva”

### **TEACHING APPOINTMENTS:**

2001-2007 “Experiential laboratory in psychometric assessment”: 12-hour course addressed to 1<sup>st</sup> and 2<sup>nd</sup> year students in Psychology, University of Bologna.

2008-2011 “Cognitive behavioral therapy in eating disorder”: 12-hour course addressed to 4<sup>th</sup> and 5<sup>th</sup> year students in Experimental Psychology, University of Bologna.

2012-2020 “Clinical psychology”: 180-hour laboratory course addressed to 4<sup>th</sup> and 5<sup>th</sup> year students in Applied Cognitive Psychology, University of Bologna.

### **CLINICAL PRACTICE**

Licensed psychotherapist (N°. 2943). Member of the clinical staff of the BIOlab and of the Center for Affective Neuroscience at the Faculty of Psychology, Cesena (2001-2012) and at the Psychological Support Service (SAP) of the University of Bologna, Bologna (2006-2017; 2021- ). Experience in the assessment, diagnosis, and cognitive-behavioral therapy of anxiety, mood, eating and personality disorders.

### **PRIVATE CLINICAL PRACTICE**

Private Clinical practice for a number around 5000 hours of psychotherapy.

### **ACADEMIC ROLES AND RESPONSIBILITIES**

2015-2020 Deputy Director Master in Clinical Psychology and Tenured lecturer at Sigmund Freud University Milan.

2020- to present Affective Neuroscience Lab Director

2005- 2020 Coordination of team research activities, supervision of trainee education.

Tutoring for undergraduate and graduate students (Faculty of Psychology, University of Bologna) in planning, realizing, and evaluating their research activity and dissertations. Member of dissertation discussion committees at the Faculty of Psychology, University of Bologna.

2015-to present Coordination of team research activities, supervision of trainee education.

Tutoring for undergraduate and graduate students (Sigmund Freud University) in planning, realizing, and evaluating their research activity and dissertations. Member of dissertation discussion committees at the Sigmund Freud University.

## Journals

**Borlimi, R.**, Riboli, G., Nese, M., Buattini, M., Colombaro, M., & Brighetti, G. (2022). Mind-Body Interactions Across the Menstrual Cycle Phases: A Systematic Review. *OBM Integrative and Complementary Medicine*, 7(2), 1-1.

Riboli G., Nese, M., Brighetti, G., Caselli, G., & **Borlimi, R.** (2022) How Menstruation is Experienced Today. An Online Survey on Italian Female at Birth Adolescents. *EC Gyneacology*, 11.2

Riboli G., Nese, M., Brighetti, G., & **Borlimi, R.** (2022) *Multidimensional Interoceptive Awareness, Psychosomatic Symptoms, and Risk for Eating Disorders in a Female Adolescent Sample. Current Research in Psychology and Behavioral Science (CRPBS)*

Riboli, G., Nese, M., Brighetti, G., Caselli, G., Sassaroli, S., & **Borlimi, R.** (2022). Network Analysis of the psychological distress in non-binary young adults: Implications for Counselors. *Journal of LGBTQ Issues in Counseling*, 16(2), 110-129.

Riboli G., **Borlimi R.**, & Caselli, G. (2022). A qualitative approach – delineates changes on pubertal body image after menarche. *International Journal of Adolescence and Youth. Vol.27 No.1*, 111-124

Palmieri, S., Mansueto, G., Ruggiero, G.M., Sassaroli, S., **Borlimi, R.**, Bertelli, S., Anselmetti, S., Paganoni, M., D'Agostino, A., Gambini, O. (2022), Credenze metacognitive e caratteristiche alimentari nei pazienti con disturbi dell'alimentazione. *Psicoterapia Cognitivo Comportamentale*, 28(1).

Eichenberg, C., Grossfurthner, M., Kietaibl, S., Riboli, G., **Borlimi, R.**, & Holocher-Benetka, S. (2021). Emotional distress in the early stages of the COVID-19 related lockdowns depending on the severity of the pandemic and emergency measures: a comparative online-survey in Germany, Austria and Italy. *BMC psychiatry*, 21(1), 1-13.

Nese, M., Riboli, G., Brighetti, G., Visciano, R., Giunti, D., & **Borlimi, R.** (2021). Sexual Fantasies across Gender and Sexual Orientation in Young Adults: A Multiple Correspondence Analysis. *Sexes*, 2(4), 523-533.

Nese, M., Riboli, G., Brighetti, G., Sassi, V., Camela, E., Caselli, G., Sassaroli, S., & **Borlimi, R.** (2020). Delay discounting of compliance with containment measures during the COVID-19 outbreak: a survey of the Italian population. *Journal of public health (Berl.)*, 1–9. doi: 10.1007/s10389

**Borlimi, R.**, Benetka, G., Brighetti, G., Caselli, G., Caletti, E., Redaelli, C., Ruggiero, G.M., Sarracino, D., Sassaroli, S. (2019), An Investigation of Sequencing Effects in Combining Cognitive Questioning and Mindful Acceptance, *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 37(3), 284-298,doi:10.1007/s10942-018-0312-8

Palmieri, S., Mansueto, G., Scaini, S., Fiore, F. Sassaroli, S., Ruggiero, G.M., **Borlimi, R.**, Carducci, B.J. (2018). Role of rumination in the relationship between metacognition and shyness. *World Journal of Psychiatry* 8(4): 108-113. doi: 10.5498/wjp.v8.i4.108.

Ottaviani, C., **Borlimi, R.**, Brighetti, G., Caselli, G., Favaretto, E., Giardini, I., Marzocchi, C., Nucifora, V., Rebecchi, D., Ruggiero, G.M., Sassaroli, S. (2014). Worry as an adaptive avoidance strategy in healthy controls but not in pathological worriers. *International Journal of Psychophysiology*,93(3):349-55. doi: 10.1016/j.ijpsycho.2014.05.010. Epub 2014 May 27.

Ottaviani, C., Nucifora, V., **Borlimi, R.**, Brighetti, G. (2012). Decision making patologico in soggetti con disregolazione emotiva (pp. 191-215). In R. Di Schiena & G. Belelli (a cura di), *Decisioni ed emozioni. Come la psicologia spiega il conflitto tra ragione e sentimento*. Bologna: Il Mulino.

Ottaviani, C., Cevolani, D., Nucifora, V., **Borlimi, R.**, Agati, R., Leonardi, M., De Plato, G., Brighetti, G. (2012). Amygdala responses to masked and low spatial frequency fearful faces: a preliminary fMRI study in panic disorder. *Psychiatry Research: Neuroimaging*, ;203(2-3):159-65. doi: 10.1016/j.psychres.2011.12.010. Epub 2012 Sep 1.

Ruggiero, G.M., Sarracino, D., **Borlimi, R.**, Brighetti, G., & Sassaroli, S. (2012). Efficacia sperimentale di interventi terapeutici sulla percezione di stress in una popolazione non clinica. Intervento presentato a: Congresso Nazionale SPR Italia, Salerno.

Ottaviani, C., Nucifora, V., **Borlimi, R.**, Brighetti, G. (2009). Autonomic dysregulation in Panic Disorder: Assessment and cognitive-behavioural treatment. *Psychology and Health*, 24 (suppl. 1), S. 298.

- Ottaviani, C., **Borlimi R.**, Nucifora, V., Brighetti, G., (2009). Affective reactions in financial decision-making: the case of professional traders. *Psychophysiology*, 46 (suppl.1), S. 115.
- Ottaviani, C., Nucifora, V., **Borlimi R.**, Brighetti, G., Cevolani, D., Agati, R., Leonardi, M. (2009). When hyper becomes hypo: panic disorder and amygdala activation to masked stimuli. 49th Annual Meeting of the Society for Psychophysiological Research. *Psychophysiology*, 46 (suppl. 1), S. 63.
- Ottaviani, C., Nucifora, V., **Borlimi, R.**, Cabrini, C., Brighetti, G. (2008). Pharmacological and psychological adjustments to drug withdrawal: The Self Medication Hypothesis. 22nd conference of the European Health Psychology Society. *Psychology and Health*, 23 (suppl. 1), S. 198.
- Ottaviani, C., Maccaferri, E., Tugnoli, E., Nucifora, V., **Borlimi, R.**, Brighetti, G. (2008). Impulsivity, affective and psychophysiological dysregulation as predictors of self-harm behavior in personality disorders. 22nd conference of the European Health Psychology Society. *Psychology and Health*, 23 (suppl. 1), S. 199.
- Brighetti, G., Bonifacci, P., **Borlimi, R.**, Ottaviani, C. (2007) "Far from the heart far from the eye": evidence from the Capgras delusion. *Cognitive Neuropsychiatry*, 12 (3): 189-197
- Ottaviani, C., **Borlimi, R.**, Cabrini, S., Nucifora, V., Brighetti, G. (2007). Psychological and pharmacological issue during drug-addiction withdrawal. The 2nd European Federation of NeuroPsychiatry Meeting "The Neuropsychiatry of the Emotional Brain".
- Bonifacci, P., **Borlimi, S.**, Ottaviani, C., Contento, S. (2006). Happiness cannot be ignored: A study on emotion recognition through eye movements. *Psychophysiology*, 43 (Suppl. 1), S26.
- Bonifacci, P., **Borlimi, R.**, Ottaviani, C., Brighetti, G., Cabrini, S., Nucifora, V. (2005). Far from the eye far from the heart: the Capgras Delusion. 45th Annual Meeting of the Society for Psychophysiological Research. *Psychophysiology*, 42 (suppl. 1), S.38.
- Cabrini, S., Nucifora, V., Ottaviani, C., **Borlimi, R.**, Brighetti, G., (2005). The Gambling Heart: Risk anticipation in psychiatric subjects, 45th Annual Meeting of the Society for Psychophysiological Research. *Psychophysiology*, 42 (suppl. 1), S.38.
- Schumann, R., Ballardini, D., **Borlimi, R.**, (2002) Social cultural conditioning in the bulimia nervosa. *Psicologia della Salute*, 1: 57-66.

## BOOK CHAPTERS

Nese, M., Riboli, G., Sassi, V., Brighetti, G., & **Borlimi, R.** (in press). Temporal discounting, uncertainty, and COVID-19. In M. K. Miller (Ed.), *The social science of the COVID-19 pandemic: A call to action for researchers* (pp.). Oxford University Press.

Riboli, G., Nese, M., **Borlimi, R.**, Brighetti, G. (2021). Layout of the empirical analysis: Multisensory Virtual Reality. In C. Mazzoli (Ed.), *The behavioral perspective in the climate change issue: Environmental virtual reality to engage investors and entrepreneurs in the circular thinking*. Lambert Academic Publishing.

Riboli, G., **Borlimi, R.**, Nese, M., Brighetti, G. (2021). The psychological perspective on the climate change issue. Multisensory immersive experience. In C. Mazzoli (Ed.), *The behavioral perspective in the climate change issue: Environmental virtual reality to engage investors and entrepreneurs in the circular thinking*. Lambert Academic Publishing.

Nese, M., Riboli, G., **Borlimi, R.**, Brighetti, G. (2020). The psychological perspective on the climate change issue: Psychophysiological response. In C. Mazzoli (Ed.), *The behavioral perspective in the climate change issue: Environmental virtual reality to engage investors and entrepreneurs in the circular thinking*. Lambert Academic Publishing.

**Borlimi, R.**, Nese, M., Riboli, G., Brighetti, G. (2020). The psychological perspective on the climate change issue: Implicit VS explicit attitudes. In C. Mazzoli (Ed.), *The behavioral perspective in the climate change issue: Environmental virtual reality to engage investors and entrepreneurs in the circular thinking*. Lambert Academic Publishing.

Nese, M., **Borlimi, R.**, Riboli, G., Brighetti, G. (2020). Layout of the empirical analysis: Psychophysiology. In C. Mazzoli (Ed.), *The behavioral perspective in the climate change issue: Environmental virtual reality to engage investors and entrepreneurs in the circular thinking*. Lambert Academic Publishing.

**Borlimi, R.**, Riboli, G., Nese, M., Brighetti, G. (2020). Layout of the empirical analysis: Implicit Association Test. In C. Mazzoli (Ed.), *The behavioral perspective in the climate change issue: Environmental virtual reality to engage investors and entrepreneurs in the circular thinking*. Lambert Academic Publishing.

Brighetti, G., Ottaviani, C., Nucifora, V., **Borlimi, R.** (2010). Decision making: psychological perspective (pp. 133-152). In C. Lucarelli & G. Brighetti (Eds.), *Risk tolerance in financial decision making*. Basingstoke and New York: Palgrave Macmillan.

Bonifacci, P., **Borlimi, R.** (2006). L'assessment del disturbo emotivo-cognitivo: Un protocollo di valutazione. In: G. De Plato (A cura di) *Emozioni. Disturbi e Indicatori Precoci*. Bologna: Bononia University Press.

## INVITED LECTURES AND CONFERENCE PRESENTATIONS

Nucifora, V., **Borlimi, R.**, Ottaviani, C., Marzocchi, C., Giardini, I., Ruggiero, G. M., Caselli, G., Rebecchi, D., Sassaroli, S. “Perché è così difficile farli smettere di rimuginare?”, XV Congresso della Società Italiana di Terapia Comportamentale e Cognitiva (SITCC), Milano 4-7 Novembre 2010.

Sassaroli, S., Ottaviani, C., **Borlimi, R.**, Caselli, G., Giardini, I., Marzocchi, C., Nucifora, V. Rebecchi, D., Ruggiero, G.M., Brighetti, G., “Autonomic correlate of worry, distraction and reappraisal during a fear induction paradigm.” European Association for Behavioural and Cognitive Therapies (EABCT), 42° Annual Congress, Ginevra, 29 Settembre 1° Ottobre 2012.

Ottaviani, C., Nucifora, V., **Borlimi, R.**, Brighetti, G. (2009). Autonomic dysregulation in Panic Disorder: Assessment and cognitive-behavioural treatment. *Psychology and Health*, 24 (suppl. 1), S. 298;

Ottaviani, C., **Borlimi R.**, Nucifora, V., Brighetti, G. (2009). Affective reactions in financial decision-making: the case of professional traders. *Psychophysiology*, 46 (suppl. 1), S. 115;

Ottaviani, C., Nucifora, V., **Borlimi R.**, Brighetti, G., Cevolani, D., Agati, R., Leonardi, M. (2009). When hyper becomes hypo: panic disorder and amygdala activation to masked stimuli. *Psychophysiology*, 46 (suppl. 1), S. 63;

- Ottaviani, C., Nucifora, V., **Borlimi, R.**, Cabrini, C., Brighetti, G. (2008). Pharmacological and psychological adjustments to drug withdrawal: The Self Medication Hypothesis. *Psychology and Health*, 23 (suppl. 1), S. 198;
- Ottaviani, C., Maccaferri, E., Tugnoli, E., Nucifora, V., **Borlimi, R.**, Brighetti, G. (2008). Impulsivity, affective and psychophysiological dysregulation as predictors of self-harm behavior in personality disorders. *Psychology and Health*, 23 (suppl. 1), S. 199;
- Ottaviani, C., **Borlimi, R.**, Nucifora, V., Mazzoli, C., Lucarelli, C., Brighetti, G. Decision making behavior reflects levels of emotion dysregulation in psychopathology. Giornata di Studio Emozioni e Decisioni, Bari, 22-23 maggio 2008;
- Ottaviani, C., **Borlimi, R.**, Cabrini, S., Nucifora, V., Brighetti, G. Psychological and pharmacological issues during drug-addiction withdrawal. The 2nd European Federation of NeuroPsychiatry Meeting "The Neuropsychiatry of the Emotional Brain". Firenze, 22-24 novembre 2007;
- Ottaviani, C., Bonifacci, P., **Borlimi, R.**, Contento, S., Brighetti, G. Occhio non vede cuore non duole: movimenti oculari e reattività autonoma a volti familiari. Congresso Nazionale della Sezione di Psicologia Sperimentale (AIP). Rovereto, 13-15 settembre 2006;
- Bonifacci, P., **Borlimi, R.**, Contento, S. Vedere le emozioni: un'analisi dei movimenti oculari in un compito di riconoscimento. Atti del 19° Convegno Nazionale di Psicologia Sperimentale "Cagliari 2005". Cagliari, 18-20 Settembre 2005, p.5.
- Borlimi, R.**, Bonifacci, P., Ottaviani, C., Brighetti, G. (2005) "Lontano dagli occhi lontano dal cuore: la Sindrome di Capgras". Atti del XIX Congresso della Sezione di Psicologia Clinica. Cagliari 23-25 Settembre 2005.
- Borlimi, R.**, Ballardini, D., Schumann, R., Seragnoli, I. "Sperimentazione di un protocollo di terapia corporea per i disturbi del comportamento alimentare (DCA)". Convegno SISDCA. Lecce, 2002.
- Borlimi, R.**, Ballardini, D., Schumann, R., Seragnoli, I. "Valutazione della consapevolezza enterocettiva nei disturbi del comportamento alimentare". Ancona, 2001
- Borlimi, R.**, Ballardini, D., Schumann, R., Franco, A., Roncarati, M.P., Scalise, E., Seragnoli, I. "Condizionamento socio culturale e variabili psicologiche nella patologia bulimica". Congresso Dalla lotta alla malattia alla costruzione della salute. Orvieto, 21-23 Settembre 2000.



- Ballardini, D., Schumann, R., Franco, A., Roncarati, M.P., Scalise, E., **Borlimi, R.**, Seragnoli, I.  
"Events preceding binge: a comparison between women affected by binge eating disorder (bed) and women affected by bulimia nervosa (bn)" SIS.DCA - VI Corso di aggiornamento Bulimia Nervosa- Vicenza 28-30/10/99.
- Schumann, R., Ballardini, D., Franco, A., Roncarati, M.P., Scalise, E., **Borlimi, R.**, Seragnoli, I.  
"Evaluation of cognitive features related to eating restraint and weight control in women with bulimia nervosa (bn) and binge eating disorder (bed)" SIS.DCA - VI Corso di aggiornamento Bulimia Nervosa- Vicenza 28-30/10/99.
- Schumann, R., Ballardini D., Franco A., Roncarati M. P., **Borlimi R.**, Seragnoli I. "The cognitive and behavioural aspects in eating restriction in 50 women affected by bulimia nervosa with and without previous overweight" XIX Annual Congress of EABCT. Dresden, Germania 23-25/09/99.
- Franco, A., Schumann R., Ballardini D., Roncarati M.P., Scalise E., **Borlimi R.**, Seragnoli I.  
"Critical analysis of the relationship between sexual abuse and eating disorders : a study on 121 women affected by eating disorders" VI European symposium on Psychosomatic Obstetrics and gynaecology. Bergamo 17-19/06/99.
- Ballardini, D., Schumann, R., **Borlimi, R.**, Scalise, E., Franco, A., Roncarati, M.P., Seragnoli, I.  
"History of weight changes and food restriction in bulimic women with and without previous overweight". 9th ECO '99. 9th European Congress on Obesity. Milano 3-6/06/99.
- Scalise, E., Franco, A., **Borlimi R.**, Roncarati M.P., Ballardini D., Schumann R., Seragnoli I  
"Comportamento alimentare e analisi nutrizionale in un gruppo di donne affette da bulimia nervosa (bn), con e senza sovrappeso preesistente il disturbo bulimico". 11° Congresso Nazionale ANDID. 24-27/03/99.
- Scalise, E., Ballardini, D., Schumann, R., Franco, A., **Borlimi, R.**, Roncarati, M.P., Seragnoli, I.  
"Storia del peso e della restrizione alimentare in un gruppo di donne con bulimia nervosa (BN)". 11° Congresso Nazionale ANDID. 24-27/03/99.
- Schumann, R., Ballardini, D., Franco, A., Roncarati, M.P., **Borlimi, R.**, Seragnoli, I. "Desiderio di magrezza e restrizione alimentare in una popolazione di 126 studentesse emiliane" I° Congresso Nazionale SIS.DCA. "Aspetti Psico-biologici ed Eco-sociali dei Disturbi del Comportamento Alimentare (DCA). Anoressia, Bulimia, Binge Eating Disorder, Obesità". Bologna 21-24 /02/98.

Franco, A., Schumann, R., Ballardini, D., Roncarati, M.P., **Borlimi, R.**, E., Scalise, I., Seragnoli  
"Condotte di eliminazione e comportamenti compensatori in 50 donne affette da bulimia  
nervosa (bn) : differenze fra soggetti con e senza anoressia nervosa (an) pregressa".

Schumann, R., Ballardini, D., Franco, A., Roncarati, M.P., **Borlimi, R.**, Seragnoli, I. I° Congresso  
Nazionale SIS.DCA. "Aspetti Psico-biologici ed Eco-sociali dei Disturbi del Comportamento  
Alimentare (DCA). Anoressia, Bulimia, Binge Eating Disorder, Obesità". Bologna 21-24  
/02/98.

### **GRANT WRITING**

Experience in National (PRIN 2009- MIUR: "Le risorse intangibili nella valutazione dell'attitudine  
al rischio dell'imprenditore: il contributo della psicologia sperimentale e della psicofisiologia";  
PRIN 2007- MIUR: "Le emozioni guidano le scelte nel mondo della finanza?").

Milan, October 20, 2022

A handwritten signature in black ink, appearing to read "Roberto Borlimi". The signature is written in a cursive, flowing style.