

PERSONAL INFORMATION

Alice Savoia



Gender: Female | Date of birth: 09/07/1996 | Nationality: Italian

EDUCATIONAL
QUALIFICATION

Psychologist - Master's Degree in Clinical Psychology

WORK EXPERIENCE

February 2024 - Current

Private clinical activity

July 2023 - Current

Post-graduate Trainee
Consultorio - Centro Clinico Minerva, Pavia, PV, Italy

October 2021 - Current

Academic Assistant
Sigmund Freud University, Milan (MI), Italy

Lecture support activities (General Psychology)
Examination support activities
Research activities in the field of ACT
Research activities in the field of Perinatal and Postnatal Disorders
Revision of Bachelor and Master' theses
Tutoring activities
Support activities for admission interviews

April 2021 - October 2021

Academic Assistant
Sigmund Freud University, Milan (MI), Italy

Lecture support activities (General Psychology)
Examination support activities
Research activities in the field of ACT
Research activities in the field of Perinatal and Postnatal Disorders
Revision of Bachelor and Master' theses

April 2021 - October

Post-graduate Trainee
Telefono Donna - Niguarda Hospital, Milan (MI), Italy

Training courses
Participation in team meetings
Telephone reception activities
Vis à vis reception activities
Participation in first interviews
Test administration activities
Activities within the protection homes

- October 2021 - April 2021 Post - graduate Trainee
Sigmund Freud University, Milan (MI), Italy
- Support activities in the conduct of lessons
 - Support activities of thesis projects
 - Support activities during exam session
 - Research activity (ACT, Prevention of Peri and Postnatal Disorders)
- October 2019 - March 2020 Pre - graduate Trainee
Center of research and studies in psychotraumatology (CRSP), Milan (MI), Italy
- Research activity (EMDR)
 - Creation of research projects
 - Support activities and social and health care for women victims of violence
 - Observation of EMDR psychotherapeutic interventions
 - Test administration activities

EDUCATION

January 2023 - Current

Psychotherapy school
Accademia di Scienze Comportamentali e Cognitive (ASCCO), Parma (PR), Italy

October 2021 - Current

Doctoral studies (PhD)

April 2022

Registration with the Lombardy Order of Psychologists (OPL)

February 2022

State Exam - Albo A
University of Pavia, Pavia (PV), Italy

April 2021 - December 2021

Master in Perinatal Psychology
APL, Milan (MI), Italy

October 2018 - September 2020

Master Degree - Clinical Psychology
Sigmund Freud University, Milan (MI), Italy
Vote: 109/110

October 2015 - July 2018

Bachelor Degree - Psychological sciences and techniques
Sigmund Freud University, Milan (MI), Italy
Vote: 108/110

July 2015

Scientific High School
Liceo G.D. Cassini, Sanremo (IM), Italy
Vote: 83/100

PERSONAL SKILLS

	Mother language	Italian			
Language	Italian				
Other language(s)					
	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	Very good	Very good	Very good	Very good	Very good
Communication skills	Advanced				
Organisational skills	Excellent team cooperation skills				
Job-related skills	Adaptability, Problem solving, Mediation skills, Listening skills				
Digital skills					
	Information processing	Communication	Content creation	Safety	Problem solving
	Very good	Very good	Very good	Very good	Very good
Other skills	Microsoft Softwares (ex. Power Point), Scientific Articles' Database, Statistic Softwares (ex. SPSS)				
Driving licence	B				

ADDITIONAL INFORMATION

- Publications** Savoia, A., & Torres, D. (2019). Tossicodipendenza e genitorialità. In F. Rovetto (Ed.), *Eziologia dei disturbi psichici* (306 - 321). Torino: Amazon Italia Logistica S.r.l. .
- Projects** GESTA. Online protocol for the promotion of psychological flexibility and well-being in pregnancy.
GESTA-POD. Podcast for the promotion of psychological flexibility and well-being in pregnancy
- References** Pre - graduate Trainee Tutor
Post - graduate Trainee Tutor (October 2020 - April 2021)
Post - graduate Trainee Tutor (April 2021 - October 2021)
- Courses** Short course-Grieving process
Short course-Sexuality in pregnancy

