

CURRICULUM VITAE ET STUDIORUM

Nome e Cognome: Sara Palmieri

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STUDI EFFETTUATI

2024	PhD, Psychology, London South Bank University
2022 - in corso	Metacognitive Therapy masterclass – MCT Institute
2020	REBT Advanced Practicum Rational-Emotive & Cognitive Behavioral Theory and Techniques, "Istituto REBT – Studi Cognitivi – Affiliato all’Albert Ellis Institute di New York" – Milano
2017	Diploma di Specializzazione in Psicoterapia Cognitiva e Cognitivo Comportamentale. Scuola di formazione in psicoterapia cognitiva e cognitivo – comportamentale “Studi Cognitivi”, Milano Riconosciuta dal MIUR (con decreto del 23 luglio 2001)
2017	Primary Certificate Rational Emotive Behavior Therapy (REBT). "REBT-Studi Cognitivi" - Milano
2017	CREDO webcentred training: Behavioral Activation for Depression. University of Oxford
2017	CREDO webcentred training: CBT-E for Eating Disorder. University of Oxford
2016	Eye Movement Desensitization and Reprocessing (EMDR) Primo livello. EMDR Institute, Inc.; EMDR EUROPE
2014	Iscrizione all’Albo Professionale degli Psicologi
2013	Abilitazione all’esercizio della professione di Psicologo
2012	Laurea Magistrale in Psicologia, Votazione: 110/110 e Lode, Università degli Studi di Firenze
2008	Laurea in Scienze e Tecniche di Psicologia Clinica e di Comunità, Università degli Studi di Firenze

ESPERIENZE PROFESSIONALI

2022- in corso	Coordinamento Area Ricerca Scuole di Specializzazione Studi Cognitivi
2021-in corso	Tenured Lecturer Dipartimento di Psicologia, Sigmund Freud University - Sede Italiana (MI)
2021	Docente workshop: Strumenti di valutazione psicodiagnostica (16 ore), Psicoterapia e scienze Cognitive (GE). Istituto riconosciuto dal MIUR (D.M. 23/07/2001)
2018-in corso	Docente corso: Metodologia della Ricerca in Psicoterapia. Scuola di Formazione in Psicoterapia Cognitiva “Studi Cognitivi” (MI). Istituto riconosciuto dal MIUR (D.M. 23/07/2001)
2018	Docente workshop: Strumenti di valutazione psicodiagnostica (16 ore), Psicoterapia e scienze Cognitive (GE). Istituto riconosciuto dal MIUR (D.M. 23/07/2001)
2018- in corso	Psicoterapeuta.
2017- 2021	Psicologo, consulenza psicodiagnostica.

2016- 2021	Psicologo. Dipartimento di Psicologia, Sigmund Freud University - Sede Italiana (MI)
2015-2016	Docente e attività di formazione. Centro di Servizio al Volontariato San Nicola (BA)

Collaborazione riviste scientifiche

Referee: Addictive Behaviors Reports; Addictive Behaviors; Journal of Child & Adolescent Trauma; Journal of Behavioral Addictions, Clinical Psychology & Psychotherapy.

Membro dell'Editorial Board del Journal of Rational-Emotive & Cognitive-Behavior Therapy

Publicazioni

Mansueto, G., Palmieri, S., Sassaroli, S., Ruggiero, G. M., Caselli, G., Calligaro, D., ... & Spada, M. M. (2024). Emotion dysregulation in participants with substance use disorders: A metacognitive perspective. *Journal of Affective Disorders*, 363, 63-71.

Mansueto, G., Ruggiero, G. M., & Palmieri, S. (2024). The Relationship Between COVID-19 Fear, Affective Symptoms and Well-being: The Mediating Role of Psychological Flexibility. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-19.

Mansueto, G., Sassaroli, S., Ruggiero, G. M., Caselli, G., Nocita, R., Spada, M. M., & Palmieri, S. (2024). The Mediating Role of Emotion Dysregulation in the Association Between Perfectionism and Eating Psychopathology Symptoms. *Clinical Psychology & Psychotherapy*, 31(4), e3020.

Offredi, A., Oppo, A., Ruggiero, G. M., Caselli, G., Mansueto, G., Scaini, S., ... & Sassaroli, S. (2024). Validation of Process-Based Components of the LIBET-Q: An Innovative Instrument for Case Conceptualization. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-24.

Mansueto, G., Jarach, A., Caselli, G., Ruggiero, G. M., Sassaroli, S., Nikčević, A., ... & Palmieri, S. (2024). A systematic review of the relationship between generic and specific metacognitive beliefs and emotion dysregulation: A metacognitive model of emotion dysregulation. *Clinical Psychology & Psychotherapy*, 31(1), e2961.

Palmieri, S., Sassaroli, S., Ruggiero, G. M., Caselli, G., Nocita, R., Nikčević, A., ... & Mansueto, G. (2024). Perfectionism in patients with eating disorders: The role of metacognitive beliefs and repetitive negative thinking. *Clinical Psychology & Psychotherapy*, 31(1), e2954.

Palmieri, S., Sassaroli, S., Ruggiero, G. M., Caselli, G., Spada, M. M., & Mansueto, G. (2023). Emotion dysregulation in patients with eating disorders: the role of metacognitions and repetitive negative thinking. *Cognitive Therapy and Research*, 47(4), 655-668.

Palmieri, S., Mansueto, G., Marchant, A. P., Sassaroli, S., Caselli, G., Ruggiero, G. M., & Spada, M. M. (2023). The Metacognitions about Binge Eating Questionnaire: Investigation of the association between specific metacognitions and binge eating disorder. *Clinical Psychology & Psychotherapy*, 30(4), 780-794.

Alhakami, A., Salem, V., Alateeq, D., Nikčević, A. V., Marci, T., Palmieri, S., ... & Mansueto, G. (2023). The Arab COVID-19 Anxiety Syndrome Scale (C-19ASS): COVID-19 anxiety syndrome and psychological symptoms in the Saudi Arabian population. *Clinical Psychology & Psychotherapy*, 30(5), 1083-1094.

Marino, C., Melodia, F., Pivetta, E., Mansueto, G., Palmieri, S., Caselli, G., ... & Spada, M. M. (2023). Desire thinking and craving as predictors of problematic Internet pornography use in women and men. *Addictive Behaviors*, 136, 107469.

Mansueto, G., Palmieri, S., Marino, C., Caselli, G., Sassaroli, S., Ruggiero, G. M., ... & Spada, M. M. (2022). The Italian COVID-19 Anxiety Syndrome Scale: Investigation of the COVID-19 anxiety syndrome and its association with psychological symptoms in an Italian population. *Clinical Psychology & Psychotherapy*, 29(6), 1972-1990.

Mansueto, G., Marino, C., Palmieri, S., Offredi, A., Sarracino, D., Sassaroli, S., ... & Caselli, G. (2022). Difficulties in emotion regulation: The role of repetitive negative thinking and metacognitive beliefs. *Journal of Affective Disorders*, 308, 473-483.

Palmieri, S., Mansueto, G., Ruggiero, G. M., Sassaroli, S., Borlimi, R., Bertelli, S., ... & Gambini, O. (2022). Credenze metacognitive e caratteristiche alimentari in pazienti con disturbi dell'alimentazione. *Psicoterapia Cognitiva e Comportamentale*, 28(1).

Akbari, M., Seydavi, M., Palmieri, S., Mansueto, G., Caselli, G., & Spada, M. M. (2021). Fear of missing out (FoMO) and internet use: A comprehensive systematic review and meta-analysis. *Journal of Behavioral Addictions*, 10(4), 879-900.

Sassaroli, S., Caselli, G., Mansueto, G., Palmieri, S., Pepe, A., Veronese, G., & Ruggiero, G. M. (2021). Validating the Diathesis–Stress Model Based Case Conceptualization Procedure in Cognitive Behavioral Therapies: The LIBET (Life Themes and Semi-Adaptive Plans—Implications of Biased Beliefs, Elicitation and Treatment) Procedure. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-39.

Palmieri, S., Mansueto, G., Ruggiero, G. M., Caselli, G., Sassaroli, S., & Spada, M. M. (2021). Metacognitive beliefs across eating disorders and eating behaviours: A systematic review. *Clinical Psychology & Psychotherapy*, 28(5), 1254-1265.

Palmieri, S., Gentile, N., Da Ros, A., & Spada, M. M. (2021). Profiling metacognition in binge eating disorder. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 39(2), 163-171.

Mansueto, G., Cavallo, C., Palmieri, S., Ruggiero, G. M., Sassaroli, S., & Caselli, G. (2021). Adverse childhood experiences and repetitive negative thinking in adulthood: a systematic review. *Clinical Psychology & Psychotherapy*.

Palmieri, S., Mansueto, G., Scaini, S., Caselli, G., Sapuppo, W., Spada, M. M., ... & Ruggiero, G. M. (2021). Repetitive Negative Thinking and Eating Disorders: A Meta-Analysis of the Role of Worry and Rumination. *Journal of clinical medicine*, 10(11), 2448.

Scaini, S., Palmieri, S., Caselli, G., & Nobile, M. (2020). Rumination thinking in childhood and adolescence: a brief review of candidate genes. *Journal of Affective Disorders*.

Mansueto, G., Martino, F., Palmieri, S., Scaini, S., Ruggiero, G. M., Sassaroli, S., & Caselli, G. (2019). Desire thinking across addictive behaviours: A systematic review and meta-analysis. *Addictive behaviors*, 98, 106018.

Scaini, S., Palmieri, S., & Caputi, M. (2018). The Relationship between Parenting and Internalizing Problems in Childhood. In L. Benedetto, & M. Ingrassia (Eds.), *Parenting - Empirical Advances and Intervention Resources* (pp. e-pub). e-pub: InTech

Mansueto, G., Palmieri, S., & Faravelli, C. (2018). Parental style and Cloninger's model in psychosis. *Psychiatry research*, 269, 221-228.

Palmieri, S., Mansueto, G., Scaini, S., Fiore, F., Sassaroli, S., Ruggiero, G. M., ... & Carducci, B. J. (2018). Role of rumination in the relationship between metacognition and shyness. *World journal of psychiatry*, 8(4), 108.

Faravelli, C., Mansueto, G., Palmieri, S., Sauro, C. L., Rotella, F., Pietrini, F., & Fioravanti, G. (2017). Childhood adversity, cortisol levels, and psychosis: a retrospective investigation. *The Journal of nervous and mental disease*, 205(7), 574-579.

Vinai, P., Da Ros, A., Cardetti, S., Casey, H., Studt, S., Gentile, N., ... & Speciale, M. (2016). The DSM-5 effect: psychological characteristics of new patients affected by Binge Eating Disorder following the criteria of the DSM-5 in a sample of severe obese patients. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 21(1), 107-113.

Mansueto, G., Palmieri, S., & Faravelli, C. (2016). Parasomnias and Childhood Adversity in an Adult Psychiatric Population. *J Sleep Disord*, 5(4).

Premi

2017 Premio miglior poster “Forum di Psicoterapia e Ricerca Scuola di Specializzazione Studi Cognitivi”. Studi Cognitivi, Istituto riconosciuto dal Ministero dell'Istruzione dell'Università e della Ricerca (MIUR) (D.M. 23/07/2001). Riccione (5-6 maggio).

2015 Certificato di Eccellenza da parte dell'Ordine Psicologi Regione Puglia per la partecipazione al “XIV European Congress of Psychology”.

